



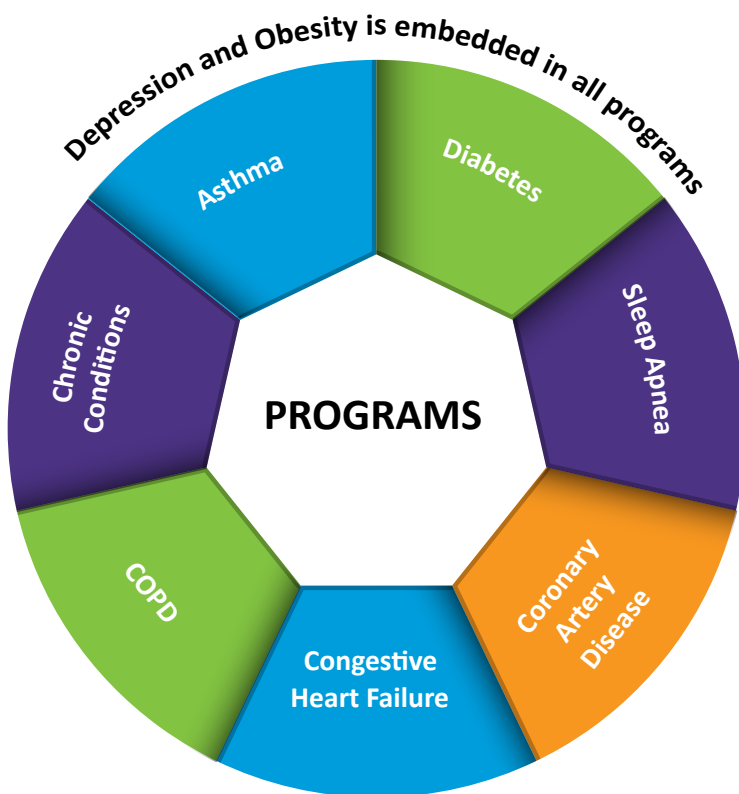
# Telligen Disease Management Program

## IMPROVED HEALTH

With healthcare costs escalating, you need solutions which will help you control plan costs and ensure members receive high quality care. Through data analytics, we identify individuals who would benefit from our programs.

Telligen's certified Chronic Care Professionals, nurses and diabetic educators build relationships with members, coordinate healthcare treatments and engage providers on evidence-based practices and their members' treatment plan.

## PROGRAMS



## PROGRAM VALUE

- **Data analytics for identification and risk stratification**
- **Promotion of self-management of the member's condition(s)**
- **Identification and closure of care gaps**

### Member Testimonial

"My health coach's compassion, knowledge and understanding helped me achieve a successful lifestyle. I am now walking daily, monitoring my blood pressure and eating a balanced diet. I am extremely happy to see that Telligen takes the time to help their members in times of difficult health situations."



## HOW IT WORKS



## THE TELLIGEN DIFFERENCE

- *Dedicated* Health Coach
- *Motivational* interviewing
- *Detailed* initial assessment and evaluation of readiness to change
- *Collaboration* with the treating providers
- *Member centric* action plan
- *Personalized and Customized* educational material
- *Re-assessment and Support* ongoing based upon progress related to treatment plan goals and clinical indicators
- *Staff expertise* with diverse clinical and educational knowledge, leading to improved outcomes for your members
- *Interdisciplinary team*
- *High member satisfaction*

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